



COVID-19 Supplemental Disclosure and Waiver Agreement

As part of our commitment to focus on the health of our participants, La Vida has, along with Gordon College, the CDC, and NY State Department of Health, developed the following policies. We have chosen to highlight some of the essential topics below, but know that we are addressing the day-to-day details as well.

On trip, we will:

- Conduct daily temperature checks and health screenings
- Wear a face covering anytime 6 feet of distance cannot be maintained from other parties
- Coordinate individual sleeping arrangements (Feel free to bring your own hammock or 1-person tent if you have one)
- Ensure availability of hand-washing stations at camp and additional hand sanitizer
- Ensure frequent sanitizing/cleaning between use of high-touch group items

Upon completion of your La Vida course, we would recommend having the same standards as you return home as you did prior to La Vida which may include receiving a test if needed. If you find within a four-day period of leaving La Vida that you test positive please let us know at lavida@gordon.edu.

La Vida Participant Acknowledgement

Risks may be mitigated by the above guidelines, but cannot be totally eliminated. In signing this document, you, as the participant or parent/guardian, acknowledge:

- At times you will be in close physical proximity to one another or instructors.
- Illnesses contracted on trip may include infectious diseases from insects, animals, or people such as diarrhea, flu-like or respiratory illness, and other conditions including COVID-19.
- The remote locations of our expeditions can limit immediate access to medical facilities and students may need to travel several hours to medical care. Communication and transportation are difficult and evacuations and medical care may be significantly delayed.
- Medical decisions made by the instructors, other staff, and students will be based on a variety of perceptions and evaluations.
- In the event of evacuation because of close contact or a positive COVID-19 test result, you or your family may have to organize transportation.
- You will be traveling in 12 passenger vans from Gordon College to the La Vida base camp. This will include extended periods in close proximity to others.
- If deemed necessary through daily health screenings and temperature checks, you may be required to return to base camp and receive a COVID-19 test.



La Vida Participant Agreement

Below are the following actions that you will be required to take in order to attend a La Vida expedition. In signing this document, you agree that:

- If you are **fully vaccinated**, you do not need to receive any additional testing, though you may be required to wear a mask in specific scenarios.
- If you are **not fully vaccinated**, you will coordinate and complete a **PCR COVID-19** test within 72 hours to the start of your La Vida Expedition (this test is not provided by La Vida). This can be done at any local testing location. After being tested, we request that you self-quarantine until the start of your expedition.
- If you are **not fully vaccinated** please observe the following guidelines while travelling:
 - Minimize stops along the way
 - Wash hands often
 - Keep six feet of physical distance from others
 - Wear a mask when in public
 - Avoid all large gatherings
 - Avoid touching your eyes, nose, or mouth.
- If you are **not fully vaccinated**, upon arrival at either La Vida base camp or Gordon College you will likely be required to take a COVID-19 test.
- **All participants** will need to follow additional guidance as provided by New York State Department of Health including, but not limited to, sleeping arrangements, mask use, cooking practices, and group travel. The La Vida staff will communicate any changes published by New York State.

Questions about COVID-19

We understand you may have concerns about COVID-19. The most up-to-date information about La Vida's response to COVID-19 can be found at <https://lavidacenter.org/adk/covid19/>. On this page, visitors will find additional information about La Vida trips, our COVID-19 policies and how we are working to mitigate exposure while on trip. When searching for information, we ask that all students, faculty, staff, and others in our community refer only to official college communications.



Waiver and Release

I acknowledge that I have been advised by Gordon College ("College") that COVID-19 remains a health issue. I am knowingly electing to participate in the La Vida program through Gordon College. As such, I am accepting the potential risks posed by travel to the program and in-program health risks associated with the COVID-19 pandemic.

The state of medical knowledge is evolving, but the virus is known to spread from close person-to-person contact, through respiratory droplets, and may be spread from contact with contaminated surfaces and objects. COVID-19 may also be spread by people who do not show and are not experiencing any symptoms. Evidence has shown that COVID-19 can cause serious and potentially life-threatening illness and even death.

I agree to abide by program, local, and state health guidelines and regulations for COVID-19. I acknowledge that I may be exposing myself to and/or increasing my risk of contracting COVID-19 in the course of my involvement.

However, I choose to participate in the La Vida program at this time and I understand that my participation is completely voluntary and may include inherently dangerous activities that expose me to certain damages and risks, including but not limited to all risk associated with the COVID-19 virus such as serious illness, hospitalization or death, as well as risk that is elevated for individuals with underlying medical conditions such as diabetes, lung disease and heart disease.

In consideration of being permitted to participate in the La Vida program, I do hereby WAIVE, RELEASE and DISCHARGE Gordon College and its respective representatives, trustees, officers, employees, agents, contractors and advisors from any and all actions, damages, claims or demands which I, my heirs, personal representatives, executors, administrators, or assigns may have against any and all of the aforementioned for any and all personal injuries, accidents, or illnesses (including death), known or unknown, which I have or may incur by participation in the above stated program and for all damages and loss to my property all whether known or unknown, foreseen or unforeseen. Without limiting the above, I hereby VOLUNTARILY ASSUME ALL RISKS RELATED TO COVID-19 including illness, injury or death.

I, the undersigned, am at least 18 years of age. I have read this Acknowledgement of Risk and Waiver of Liability and fully understand its terms. I acknowledge that I am signing this waiver freely and voluntarily with full knowledge of its significance for myself or as guardian of the below student.

I (or the parent or guardian of a minor student) have read and acknowledge the information regarding the risk of COVID-19 on my La Vida course

Student Signature Age / /
Date Signed Printed Name

Parent/Guardian Signature Age / /
Date Signed Printed Name