LA VIDA ADVENTURE CAMP **PHYSICIAN'S FORM**

This form must be completed by a licensed health care provider and returned prior to attending camp. *A signed photocopy of the camper's immunization records and a signed physical from the last 18 months will also be accepted as a replacement for this physician's form.*

Camper name _____ Sex: ☐ Female ☐ Male
(Last / First / Middle initial)

Height _____ inches Weight _____ pounds Blood pressure _____

Birth date (mo/day/yr) _____ Age: years _____ months _____

SYSTEMS REVIEW

Are there any abnormalities of:

	NO	YES	COMMENTS
Head, eyes, ears, nose, throat			
Vision, hearing			
Skin			
Respiratory system			
Cardiovascular system			
Musculoskeletal system			
Central nervous system			
Abdomen			
Genitalia			
Menstruation			

IMMUNIZATION HISTORY

Please record the number of each immunization and the month/year of the most recent dose.

Measles (MMR) Dates _____	**Tetanus** Date _____	**Polio (IPV, OPV)** Date _____	**Tuberculin test** Results _____	**Lead test** Results _____
Diphtheria, pertussis, tetanus (DPT) Date _____	**Tetanus/diphtheria (TD)** Date _____	**Haemophilus influenzae type b (Hib)** Date _____	**Hepatitis B** Date _____	☐ **Varicella vaccine** or ☐ **Chickenpox** Date _____

KNOWN ALLERGIES AND TREATMENT

Food _____ Medication(s) _____

Environment _____ Insect(s) _____

MEDICATIONS AND HEALTH INFORMATION

Is the camper currently under the care of a physician? ☐ Yes ☐ No If yes, why? _____

Recommendations for physical activity: ☐ Unlimited ☐ Limited

Define activities to be restricted if any _____

Current medications or treatment _____

Medications to be taken at camp (including sunscreen, inhalers, etc.) _____

Additional health information _____

I have examined the person herein described and have reviewed the health history. It is my opinion that this person is able to engage in and participate in all camp activities unless otherwise noted above.

Physician signature _____ Date* _____

Address _____ Phone _____

*Examination date must be within 18 months of Adventure Camp